

FAMILY HEALTH MANAGEMENT AND POVERTY IN AN ECONOMIC RECESSION
PERIOD IN PORTUGAL

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Abstract:

Introduction. The main purpose of this article, in the management and health, was to assess the contribution of family health and its role in local development in the context of economic recession and worsening poverty in Portugal. **Material and Methods.** Data were collected through the questionnaire, 1021 individuals were inquired in Portugal, with statistical treatment through inferential analysis, factorial and regression. They were asked to participate voluntarily in writing through email participating randomly. The sample was stratified by District, a territorial division used in the country. The respondents A response rate was 48%. The validity of established factors was evaluated through a confirmatory factor analysis with AMOS software. The consistency was measured with Cronbach's α . We used the "measure of the adequacy of sampling Kaiser-Meyer-Olkin" (KMO = 0.668) and the "sphericity test Barthlet" ($\chi^2 = 1611.452$; $df = 276$; $Sig = 0.000$). To analyze the average life expectancy by region it was considered the Life expectancy at Birth (LE - Average number of years a person can expect to live at birth, keeping the mortality rates by age observed in the reference time) from the National Institute of Statistics. **Results and Conclusions.** In the descriptive summary, the aspect of life considered more important for respondents is the health (49.5%), followed by family (45.4%), work (2.8%) and cash (1.3%). It is therefore possible to act on health and focusing on critical variables that have a material impact on the perception of health and the connection to the average life expectancy, development indicator.

Keywords: Economy; Public health; Family medicine; Community; Poverty

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